

CICS Crisis Line Expansion

CICS is happy to announce the enhancement of the CICS Crisis Line in collaboration with the Iowa Department of Public Health and Your Life Iowa, beginning January 1, 2020. Improvements include additional resources that incorporate help with alcohol, drugs, gambling, as well as mental health and suicidal thoughts.

The Crisis Line provides information and referral, counseling, crisis service coordination, and linkages to crisis screening and mental health services including dispatch of the CICS Mobile Response Team 24 hours a day.

The Line can still be reached at the same CICS Crisis Line number or can also be reached at the statewide line 855-581-8111. Our partner agencies, Foundation 2 and Eyerly Ball Mobile Response Team will still provide the great service we have had in the past. Text options can be accessed at 855-895-8398, with live chat available at yourlifeiowa.org. To learn more check out Yourlifelowa at <https://www.yourlifeiowa.org/>

WHAT IS A CRISIS?

Crisis can mean different things to different people. A crisis could be a major loss-the death of a loved one, a divorce, or a serious illness. It could even be a series of smaller problems that have compounded and become overwhelming.

Because a crisis can happen to anyone, at any age, at any time, the crisis line can provide you with the help you need. When you need it.

855-581-8111