

**MEDICAL FOSTER HOME PROGRAM  
VA Central Iowa Healthcare System  
3600 30<sup>th</sup> St.  
Des Moines, IA 50310-5885**

**For More Information Call  
515-699-5925 / 800-294-8387 (ext. 5925)**

**MEDICAL FOSTER HOME BENEFITS**

**Provides long term care and companionship for Veterans, as well as an opportunity for caregivers to earn an income while working at home caring for the Veterans.**

**The VA Medical Center and its Home Based Primary Care (HBPC) Team provide medical care in the home with the goal of stabilizing the Veteran's health and avoiding hospitalizations.**

**Caregivers receive on-going training and support from the MFH Coordinator and HBPC Team.**

**Provides our Veterans with a new choice on the continuum of long-term care services and postpones or eliminates the need for institutionalization when Veterans do not have family caregivers able to meet their needs.**

**MEDICAL FOSTER HOMES PROVIDE VETERANS**

**An affordable option to nursing home care – only \$1600 to \$3000+ per month depending on care needs for dependent, frail or chronically ill Veterans who cannot live independently due to physical or emotional limitations or disabilities. The MFH Coordinator is able to assist eligible Veterans to apply for an Aid & Attendance pension to off-set much of this cost.**

**Care includes room and board, appropriate 24-hour supervision, medication management and assistance with daily tasks and personal cares. A negotiated yearly agreement outlines the cost to the Veteran and the care to be provided.**

**One-on-one personal attention and care in a family setting with flexible daily routines, choice and stability in a Medical Foster Home of their choice.**

## **CAREGIVER AND HOME REQUIREMENTS**

Caregivers must be a least 21 year old, financially stable, have some formal or informal caregiving experience and be physically able to provide the needed care.

Caregivers must communicate effectively with the HBPC staff and assist in carrying out each Veteran's Plan of Care.

The home can be owned or rented by the caregiver and the caregiver must live in the home.

The home must be designed, equipped and maintained to provide a home-like environment, safety and supervision for the Veterans.

Homes must be located within about 35 miles of the Des Moines VA Medical Center and must be approved by the VA Inspection Team for safety and suitability.

## **THE MEDICAL FOSTER HOME ENVIRONMENT**

Homes are approved to care for up to three Veterans to ensure one-on-one personal attention. It is the hope that MFH Veterans will be cared for like family and provided a permanent home.

The MFH Coordinator and HBPC Team are available to provide guidance, training and assistance to the caregivers and oversight and medical care to the Veterans.

**Caregivers are able to "Give Back" to our Nation's Veterans**

**Veterans have "A New Place to call Home"**

**"Where Heroes Meet Angels"**