



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Tuesday January 11, 2022 @ 1:30 pm Agenda

In-person Location at:
Story County Human Services Center, 126 S. Kellogg Ave., Conference Room West 2nd Floor, Ames, IA 50010

Join Meeting by Zoom at:
<https://us02web.zoom.us/j/82538063040?pwd=cXVDNmZFalJPa2JneVNvcXJyNUNFZz09>

Meeting ID: 825 3806 3040

Passcode: 892853

Join by Phone at:
+1 312 626 6799 US (Chicago)
Meeting ID: 825 3806 3040
Passcode: 892853

1. Welcome and Introductions: Roll Call of Committee Members

- | | | |
|---|--|---|
| <input type="checkbox"/> BJ Hoffman | <input type="checkbox"/> JD Deambra | <input type="checkbox"/> Jennifer Ellis |
| <input type="checkbox"/> Diana Dawley | <input type="checkbox"/> Deb Williams | <input type="checkbox"/> Sharon Swope |
| <input type="checkbox"/> Kathy Hanzek | <input type="checkbox"/> Julie Smith | <input type="checkbox"/> Jody Eaton |
| <input type="checkbox"/> Brittany Palmer | <input type="checkbox"/> Breon Gardner | <input type="checkbox"/> Leatha Slauson |
| <input type="checkbox"/> Brandon Greenfield | <input type="checkbox"/> Kelly Kratz | |

2. Adoption of the Agenda – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

3. Election of Chair - Action

Nominations: _____

Motion: _____

Second: _____

Vote on Motion: _____

4. Election of Vice-Chair – Action

Nominations: _____

Motion: _____

Second: _____

Vote on Motion: _____

5. Approval of 10/12/21 meeting minutes – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

6. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

7. 2021 CICS Adult Advisory Committee Report – Karla Webb, Informational

8. Review and Consideration of Bylaws Central Iowa Community Services Adult Regional Advisory Committee – Karla Webb – Action

Motion: _____

Second: _____

Vote on Motion: _____

9. Discussion and Direction of Adult Advisory Committee Structure – Karla Webb, Action Motion:

Second: _____

Vote on Motion: _____

10. Appointment of Adult Advisory Sub-Committee – Chair - Action

11. Agency Update/Information Sharing

12. Next Meeting Date: April 12, 2022 @ 1:30pm

13. Adjournment





CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Minutes

Tuesday October 12, 2021 @ 1:30 pm

In-person meeting location was Story County Human Services Center, 126 S. Kellogg Ave., Conference Room West 2nd Floor, Ames, IA 50010, access also provided via Zoom.

1. Welcome and Introductions: Roll Call of Committee Members

Chair Ellis called the meeting to order, those present: Jennifer Ellis, Kathy Hanzek, Mary Nelson, JD Deambra, Deb Williams, Julie Smith, Jody Eaton, Kelly Kratz, Brittany Palmer. Guest: Aimee Lenth. Staff: Karla Webb, Russell Wood.

2. Adoption of the Agenda – Action

Hanzek motioned to approve the agenda, Deambra seconded, motion passed.

3. Approval of 7/13/21 Meeting Minutes – Action

Eaton motioned to approve the 7/13/21 meeting minutes, Kratz seconded, motion passed.

4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

Smith noted CICS will be assisting with funding for the YSS Youth Recovery Campus. Governing Board has been discussing Single Employer of Record to move county employees to one employing entity and are looking at the employing entity to be a current county within the CICS region. Smith noted finances are looking really good. Wood provided additional information in regard to Employer of Record, currently employees are employed by individual counties and CICS does not supervise most of the employees. CICS will be entering into performance based contracts and if all employees were under a Single Employer of Record this would allow CICS to have oversight of staff. This will also standardize pay and benefits for staff. Intent would be to have this in place by 1/1/22 and no later than 7/1/22 should the Governing Board decide to go forward. CICS has a current request for proposal out to member counties to see if any counties are interested in being the Employer of Record. The CICS 28E Agreement will need amended and this is on the Governing Board agenda for October.

5. Recognition of Advisory Committee Terms Ending 12/31/21: JD Deambra, Jennifer Ellis, Deb Williams, Sharon Swope, Brittany Palmer, Jeff Vance, Mary Nelson

Webb thanked members for their service and asked if anyone is interested in renewing their term to reach out to her or their local CICS staff member.

6. Performance Based Contracting – Russell Wood, Informational

Wood reported legislation passed this last legislative session removes county property tax funding and will move funding to 100% State funding. Performance based contracting with regions will be effective 1/1/22. Regional CEOs have been working with DHS on the performance based contract, the contract has been shared with the CICS Regional Attorney and the CICS Governing Board, the final version will be available soon and will need to be in place before 1/1/22. CEOs have been working on data analytics so we can move into data driven decisions. Wood noted CICS does not have Intensive Residential Services Homes (IRSH) available, this is not available in any region at this time, this would be the only service CICS does not have available. Kratz noted 43 North Iowa is looking at developing IRSH and have identified they would need 14 staff to operate this program. Kratz discussed the staffing shortages they are experiencing within their agencies, and this makes it difficult to start new services. Smith noted they are having staffing issues also, as did Palmer. Kratz noted they have individuals interested in seeking employment, however they do not have sufficient supported employment staff to serve them, another challenge is the individuals obtaining employment sometimes are paid higher than the supported employment staff assisting them.

7. Evidenced Based Practices (EBPs) – Russell Wood, Informational

Wood reported there are nine evidence based practices included in the performance based contracts that regions are required to ensure are implemented. These include Assertive Community Treatment, Strength-Based Case Management, Integrated Treatment of Co-occurring Substance Abuse & Mental Health Disorders, Supportive Employment, Family Psychoeducation, Illness Recovery & Management, Permanent Supported Housing, Positive Behavioral Supports, and Peer Self-Help Drop-In Centers.

8. FY2021 Service Coordination Report – Linn Adams, Informational

Webb reviewed highlights of the FY2021 Service Coordination Report. Reviewed applications received for FY21, individuals served in institutional settings, funding for individuals who are waiting for Medicaid Insurance, and exception to policy information.

9. Agency Update/Information Sharing

Kratz shared 43 North Iowa is looking to expand to offer crisis stabilization residential services, they are waiting for final approval of the service and hiring of staff. They are interested in intensive residential services, would need 14 staff for this service. Their Individual Placement and Supports (IPS) service is going strong, supported community living services (SCL) are going well and they now have three clients in Franklin Co. They are needing employees and are now offering insurance on the first day of employment, this has helped some with hiring.

Nelson shared people are continuing to come to the Friendship Club drop in center and they have resumed doing community outings.

Williams shared Mid-Iowa Triumph Recovery Center is still giving calls to people who haven't come to the drop in center lately, they are open 3 hours/day and want to expand hours if they can secure additional funding for a peer support position.

Smith shared Capstone Behavioral Healthcare is struggling to hire SCL staff, they just hired an ARNP that will start 11/1/21, they have hired a temporary licensed therapist that needs



supervision, they have three students that can see patients and are thinking may need more office space.

Deambra shared NAMI CI is having trouble hiring staff also, the drop in center is going on community outings and using the van they have.

Palmer shared Crossroads Behavioral Health Services is experiencing staffing shortages as well, they hired a PMHNP last May, Palmer is the interim director, they have hired a new clinical director and human resource staff.

Eaton shared she is glad the work is continuing, and she is glad to be apart of the advisory committee.

Ellis shared Friendship Ark opened a home in August using Night Owl Support Systems at night and staff are available during the daytime. This is considered a 24 hour site and they are able to bill a daily rate based on the member's tier level.

10. Next Meeting Date: January 11, 2022 @ 1:30 p.m. In-person and Zoom Option

11. Adjournment



Central Iowa Community Services Regional Advisory Committee

A Year in Review 2021



CICS

Supporting Individuals. Strengthening Communities.

Geographic Area: Serving Boone, Franklin, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, and Warren Counties.

Geographic Area Expansion 7/1/21 with Cerro Gordo, Hancock, Webster, and Wright Counties.

2021 CICS Regional Advisory Committee Membership

Governing Board appointments

BJ Hoffman – Hardin County Supervisor

Diana Dawley – Poweshiek County Supervisor

Boone (Term expires 12/31/22)

Vacant

Nikki Fischer (end 9/21)

Cerro Gordo (Term began 7/1/21 expires 12/31/22)

Vacant

Vacant

Franklin (Term expires 12/31/22)

Leatha Slauson

Kelly Kratz

Greene (Term expires 12/31/21)

Vacant

Vacant

Hancock (Term began 7/1/21 expires 12/31/22)

Vacant

Vacant

Hamilton (Term expires 12/31/22)

Brandon Greenfield

Anthony Wubben (end 12/21)

Hardin (Term expires 12/31/22)

Kathy Hanzek

Mary Nelson (end 12/21)

Jasper (Term expires 12/31/22)

Jody Eaton

Julie Smith – Governing Board provider representative

Marshall (Term expires 12/31/21)

Tamara Morris (end 5/21)

Deb Williams (began 6/21)

Sharon Swope

Madison (Term expires 12/31/21)

Vacant

Brittany Palmer

Poweshiek (Term expires 12/31/21)

Vacant

Jeff Vance

Story (Term expires 12/31/21)

JD Deambra – Governing Board Representative for individual or family member of an individual who utilizes mental health and disability services

Jennifer Ellis – Advisory Committee Chair

Warren (Term expires 12/31/21)

Vacant

Vacant

Webster (Term began 7/1/21 expires 12/31/22)

Vacant

Vacant

Wright (Term began 7/1/21 expires 12/31/22)

Vacant

Vacant

Bylaws Central Iowa Community Services Adult Regional Advisory Committee

Effective Date: 7/1/21

I NAME

The name of this organization shall be Central Iowa Community Services Adult Regional Advisory Committee (hereinafter “Adult Regional Advisory Committee”)

II PURPOSE

The Adult Regional Advisory Committee, pursuant to IC 331.390(2)e; 331.392.(2)i; IAC 441-25.14.(1)i Regional governance structure will look at how services are delivered, the quality of services and help identify and prioritize service needs.

The Adult Advisory Committee may also address any mental health related issues the Adult Regional Advisory Committee feels to be appropriate.

The Adult Regional Advisory Committee shall act in an advisory role and all authority for policy making shall remain with Central Iowa Community Services Regional Governing Board (hereinafter “Regional Governing Board”)

III MEMBERSHIP

The Adult Regional Advisory Committee shall consist of a maximum of 32 members.

Two members and two alternates shall come from each of the 15 counties in the Central Iowa Community Services Region. The counties are Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Webster, and Wright. From each county, one member and alternate will be a provider and one member and alternate will be an individual who utilizes mental health and disability services or is an actively involved relative of such an individual. Adult Regional Advisory Committee members shall be recommended by the local county and ratified by the Regional Governing Board.

Two members from the Governing Board will serve as ex-officio non voting members.

The Adult Regional Advisory Committee members shall serve two year terms. The appointments shall be divided into two classes. The first class (Boone, Franklin, Hamilton, Hardin and Jasper) shall serve until January 2015 and the second class (Madison, Marshall, Poweshiek, Story and Warren) shall serve until January 2016. Greene County terms begin 7/1/18. Cerro Gordo, Hancock, Webster, and Wright Counties terms begin 7/1/21 and shall serve until 12/31/22. Thereafter, all appointments shall be for two years.

Approved by Central Iowa Community Services Governing Board on June 24, 2021.

Members will be eligible for appointment for a total of 6 years. An individual can be reappointed again after at least one year off the committee.

IV OFFICERS

The officers of the Adult Regional Advisory Committee shall include a chair and vice-chair. Each shall be elected at the first advisory committee meeting of the calendar year. The chair shall preside at all meetings and appoint all sub-committees as determined necessary by the adult regional advisory committee. The vice-chair shall act in the chair's absence.

The permanent recording secretary shall be a community services director or designee from the region.

V MEETINGS

Meetings of the Adult Regional Advisory Committee shall be held each January and at least quarterly thereafter. One of the community services directors shall be responsible for sending written notice to all members at least one week in advance of meetings. Public notice of meetings will be provided by posting meeting date, time and agenda on Central Iowa Community Services website and/or local County websites.

Special meetings can be called at anytime at the request of two advisory committee members. The request for a special meeting shall be presented to the chair. The chair will then be responsible for scheduling the meeting.

A quorum will be a majority of appointed members in attendance. No action will be taken in the absence of a quorum.

Members may participate in any meeting by any means of communication that allows direct participation, including but not limited to telephone conference call and video conferencing. Members participating in this manner shall be considered present for purposes of quorum and voting.

VI ADOPTION

These by-laws shall be adopted by both the Adult Regional Advisory Committee and the Regional Governing Board. These by-laws become effective upon approval by the Regional Governing Board.

VII REVISIONS

These by-laws will be reviewed annually in January and may be revised by the Adult Regional Advisory Committee with approval from the Regional Governing Board. The revision shall first be approved by the Adult Regional Advisory Committee and then presented to the Regional Governing Board. The revision shall become effective upon approval by the Regional Governing Board.

Approved by Central Iowa Community Services Governing Board on June 24, 2021.

VIII TERMINATION

The Adult Regional Advisory Committee serves at the complete discretion of the Regional Governing Board. If state law changes and/or other circumstances arise, the Regional Governing Board may, upon board action, dissolve the Adult Regional Advisory Committee.



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Tuesday January 12, 2021 @ 1:30 pm

Agenda

SPECIAL NOTE TO THE PUBLIC: Due to recommendations to limit gatherings to no more than ten (10) people in order to help slow the spread of the COVID-19 virus, public access to the meeting will be provided via zoom:

Join Zoom Meeting

<https://us02web.zoom.us/j/84972297785?pwd=RUFCDXdMUVlaWVVF5bHJuaHR0RDRIQT09>

Meeting ID: 849 7229 7785

Passcode: 737799

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+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington D.C.)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 849 7229 7785

Passcode: 737799

Find your local number: <https://us02web.zoom.us/j/84972297785?pwd=RUFCDXdMUVlaWVVF5bHJuaHR0RDRIQT09>

1. Welcome and Introductions: Roll Call of Committee Members

- | | | |
|---|--|--|
| <input type="checkbox"/> BJ Hoffman | <input type="checkbox"/> JD Deambra | <input type="checkbox"/> Jennifer Ellis |
| <input type="checkbox"/> Diana Dawley | <input type="checkbox"/> Tamara Morris | <input type="checkbox"/> Sharon Swope |
| <input type="checkbox"/> Kathy Hanzek | <input type="checkbox"/> Julie Smith | <input type="checkbox"/> Jody Eaton |
| <input type="checkbox"/> Nikki Fischer | <input type="checkbox"/> Mary Nelson | <input type="checkbox"/> Kirsten Klepfer |
| <input type="checkbox"/> Brandon Greenfield | <input type="checkbox"/> Shan Sasser | <input type="checkbox"/> Jeff Vance |
| <input type="checkbox"/> Anthony Wubben | | |

2. Adoption of the Agenda – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

3. Election of Chair - Action
Nominations: _____
Vote on Nominations: _____
4. Election of Vice-Chair – Action
Nominations: _____
Vote on Nominations: _____
5. Approval of 10/13/20 meeting minutes – Action
Motion to Approve: _____
Second: _____
Vote on Motion: _____
6. Review and Consideration of Bylaws Central Iowa Regional Advisory Committee – Karla Webb
– Action
Motion: _____
Second: _____
Vote on Motion: _____
7. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational
8. 2020 CICS Adult Advisory Committee Report – Karla Webb, Informational
9. Cerro Gordo, Webster and Wright Counties Joining CICS – Karla Webb, Informational
10. Resource Center Community Integration Transition Planning – Linn Adams, Informational
11. CARES Act COVID-19 Funding – Patti Treibel-Leeds, Informational
12. Service Planning – Patti Treibel-Leeds, Informational
13. Agency Update/Information Sharing
14. Next Meeting Date: April 13, 2021 @ 1:30pm
15. Adjournment





CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Minutes Tuesday January 12, 2021 @ 1:30 pm

SPECIAL NOTE TO THE PUBLIC: Due to recommendations to limit gatherings to no more than ten (10) people in order to help slow the spread of the COVID-19 virus, public access to the meeting was provided via zoom.

1. Welcome and Introductions: Roll Call of Committee Members:

Chair Ellis called the meeting to order, those present: Diana Dawley, Kathy Hanzek, Nikki Fischer, JD Deambra, Julie Smith, Mary Nelson, Jennifer Ellis, Jody Eaton, Jeff Vance. Also present Brittany Palmer, Patti Treibel-Leeds, and Karla Webb

2. Adoption of the Agenda – Action

Motion by Vance to approve the agenda, second by Hanzek, all ayes, motion passed.

3. Election of Chair - Action

Eaton nominated Jennifer Ellis, second by Smith, all ayes, motion passed.

4. Election of Vice-Chair – Action

Smith nominated Deambra, second by Eaton, all ayes, motion passed.

5. Approval of 10/13/20 meeting minutes – Action

Motion by Deambra to approve the minutes, Hanzek second, all ayes, motion passed.

6. Review and Consideration of Bylaws Central Iowa Regional Advisory Committee – Karla Webb – Action

Webb explained no suggested changes to the current adult advisory committee bylaws at this time; the bylaws require a review each January. In April, the bylaws will need revised for 7/1/21 with the addition of Cerro Gordo, Webster and Wright Counties joining CICS region. Eaton asked if the same committee structure will be in place or if changes are anticipated. Webb indicated there are no anticipated changes to the committee structure at this time, if the Advisory Committee would like to consider changes that is an option and Webb would welcome feedback. No changes were suggested at this time.

7. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

Smith discussed the CICS Governing Board has been focused on CARES Act funding. Smith shared how Capstone Behavioral Healthcare was able to access CARES Act funding which was

very helpful to them with additional costs related to COVID-19. The Governing Board also has been focused on new counties joining CICS.

8. 2020 CICS Adult Advisory Committee Report – Karla Webb, Informational

Webb discussed the Adult Advisory Committee report is compiled after each calendar year and includes committee members, bylaws, agendas, and meeting minutes. There were no suggested changes to the report.

9. Cerro Gordo, Webster and Wright Counties Joining CICS – Karla Webb, Informational

Webb reported work has been underway for the planning of the three counties joining CICS effective 7/1/21. 28E agreements have been signed, staffing recommendations and interviews have been completed, FY22 budgeting work is occurring, information regarding current providers contracted with CSS for the counties joining CICS has been obtained and a review of services and rates is underway, providers will need to be enrolled in the CICS provider network prior to contracting, a service gap analysis will also be completed as part of planning.

10. Resource Center Community Integration Transition Planning – Linn Adams, Informational

Webb provided information regarding the Community Integration Transition Plan as Adams was unavailable. The focus is to move individuals from Glenwood and Woodward Resource Centers into community living with services and supports to live in the least restrictive setting. Forty individuals have identified interest in living in the CICS region, 16 of these individuals have residency with CICS and 24 would have residency with another region but identify interest in living within CICS region. There are multiple stages of the transition, Stage 3 the individual is in active transition and stage 4 a provider has been identified. CICS service coordination staff will be involved as individuals transition to the community. Eaton asked about Money Follows the Person (MFP), Webb noted this is still available, Ellis indicated there are limits of 4 individuals in a home with MFP so this may not be available to everyone moving.

11. CARES Act COVID-19 Funding – Patti Treibel-Leeds, Informational

Treibel-Leeds provided information regarding the funding process implemented by CICS for providers and schools to apply initially for \$10,000, then up to \$20,000 and then larger grants. Several providers and schools accessed funding and CICS offices also utilized funding for items such as PPE, automated equipment such as faucets and paper towel dispensers, and technology needs. A project with Trilix was done to develop 1-2 minute short videos regarding various mental health topics and reaching out to CICS for support. \$1.3 million of the \$3.2 million received in CARES Act funds was expended. The timeframe to expend the funds has been extended, the final date has not been identified by the State, CICS Administrative team intends to initiate planning to determine use for the remaining funds.

12. Service Planning – Patti Treibel-Leeds, Informational

Treibel-Leeds shared information regarding development of subacute services with Mary Greeley Medical Center with the anticipation of this service becoming available this June. Crisis Stabilization Community Based (CSCB) services will be available starting 1/18/21, the service will work together with mobile crisis response (MCR) services with Eyerly Ball Community Mental



Health Services and Integrated Telehealth Partners. Individuals can access the service by calling Your Life Iowa Crisis Line and requesting MCR services. MCR will complete an assessment and if determined appropriate will refer the individual to CSCB. The individual will then be contacted by a therapist to complete an eligibility assessment. CSCB is up to a 5 day service which includes but is not limited to the following services: therapist, medication management, peer support, linkage to ongoing services, and case management. Webb noted MGMC will no longer be providing crisis stabilization residential services, they continue to provide transitional living center services and will be adding the subacute services. It is anticipated with this service change; occupancy will increase at the current service location. Treibel-Leeds discussed the Access Center Network concept and shared a service matrix flow chart walking an individual through an originating situation to how various services may be accessed. More information and education will be made available as the network is further developed.

13. Agency Update/Information Sharing

Nelson shared the drop-in-center usually hosts 55-60 people for a Christmas party, this year that needed to look differently with the pandemic, they held several small gatherings and provided care packages to individuals who are not attending the drop-in-center at this time. Currently they can serve 10 individuals a day at the drop-in-center, individuals need to schedule for the day they plan to attend. Eaton shared a personal story of someone she knows who utilized the crisis line and MCR and was taken to a hospital for stabilization, she shared her experience as one who helped to develop the services to seeing the services accessed by someone she knows and the value of the services. Palmer shared her support of the services currently available and being developed and hopes that the services will become available within other regions. Vance shared some direct support staff are receiving the COVID-19 vaccine. Dawley thanked everyone for the services they provide. Smith shared she is working with a few people that have been difficult to place into services, she looks forward to the new services being developed and welcomes help in trying to address the needs of the current individuals she is working with. Deambra shared NAMI CI wellness center is closed and will be reopening soon, have been sending out care packages to individuals and are looking forward to using the van they recently purchased. Fischer shared she has been with her position for six months and the information she receives through the committee is helpful. Ellis indicated they are preparing for vaccine distribution for staff and members. Webb explained the building their office is in is currently locked to the public for COVID-19 precautionary measures, a phone is available in the entry way of the building for individuals to call the offices in the building, they are meeting with people via appointment and walk-in basis.

13. Next Meeting Date: April 13, 2021 @ 1:30pm

15. Adjournment at 2:39pm.





CICS

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CICS Adult Regional Advisory Committee Meeting Tuesday April 13, 2021 @ 1:30 pm

Agenda

SPECIAL NOTE TO THE PUBLIC: Due to recommendations to social distance in order to help slow the spread of the COVID-19 virus, access to the meeting will be provided via Zoom.

Join Zoom Meeting

<https://us02web.zoom.us/j/87651209334?pwd=Wkw3eGZrNDhKWlQxS01BakkrVGZ4QT09>

Meeting ID: 876 5120 9334

Passcode: 128003

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+13017158592,,87651209334#,,,,*128003# US (Washington DC)

+13126266799,,87651209334#,,,,*128003# US (Chicago)

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

Meeting ID: 876 5120 9334

Passcode: 128003

Find your local number: <https://us02web.zoom.us/j/87651209334?pwd=Wkw3eGZrNDhKWlQxS01BakkrVGZ4QT09>

1. Welcome and Introductions: Roll Call of Committee Members

- | | | |
|---|---|--|
| <input type="checkbox"/> BJ Hoffman | <input type="checkbox"/> JD Deambra | <input type="checkbox"/> Jennifer Ellis |
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| <input type="checkbox"/> Brandon Greenfield | <input type="checkbox"/> Shan Sasser | <input type="checkbox"/> Jeff Vance |
| <input type="checkbox"/> Anthony Wubben | <input type="checkbox"/> Leatha Slauson | <input type="checkbox"/> Kelly Kratz |
| <input type="checkbox"/> Brittany Palmer | | |

2. Adoption of the Agenda – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

3. Approval of 1/12/21 Meeting Minutes – Action
Motion to Approve: _____
Second: _____
Vote on Motion: _____
4. Discussion and Consideration of Revised Bylaws Central Iowa Community Services Regional Advisory Committee – Karla Webb – Action
Motions: _____
Second: _____
Vote on Motions: _____
5. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational
6. Election of Provider Representative for Two Year Term for CICS Governing Board Effective 7/1/21 - Action
Chair asks for nominations to elect
Motion: _____
Second: _____
Vote on Motion: _____
7. Discussion and Consideration of Revised CICS Management Plan Policies and Procedures – Karla Webb – Action
Motion: _____
Second: _____
Vote on Motion: _____
8. CEO Update – Russell Wood, Informational
9. CARES Act COVID-19 Funding – Patti Treibel-Leeds, Informational
10. Agency Update/Information Sharing
11. Next Meeting Date:
12. Adjournment





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CICS Adult Regional Advisory Committee Meeting Tuesday April 13, 2021 @ 1:30 pm Minutes

SPECIAL NOTE TO THE PUBLIC: Due to recommendations to social distance in order to help slow the spread of the COVID-19 virus, access to the meeting was provided via Zoom.

1. Welcome and Introductions: Roll Call of Committee Members
Chair Ellis called the meeting to order, those present: Diana Dawley, Kathy Hanzek, Nikki Fischer, JD Deambra, Julie Smith, Mary Nelson, Jennifer Ellis, Jody Eaton, Jeff Vance, Kelly Kratz. Brittany Palmer joined the meeting after it was in session.
Others present: Karla Webb, Russell Wood, Patti Treibel Leeds
2. Adoption of the Agenda – Action
Motion by Vance to approve the agenda with items 8 and 9 to be discussed after item 4.
Second by Fischer, motion approved.
3. Approval of 1/12/21 Meeting Minutes – Action
Motion by Deambra to approve the meeting minutes, second by Fischer, motion approved.
4. Discussion and Consideration of Revised Bylaws Central Iowa Community Services Regional Advisory Committee – Karla Webb – Action
The bylaw changes were reviewed by Webb, no action was taken regarding the bylaw changes as revisions shall be approved by a vote of 2/3 of the Regional Advisory Committee. Multiple committee members provided feedback to Webb identifying the desire for the advisory committee meetings to continue to be held quarterly. Webb will send out a doodle poll to committee members to see if a meeting time in May will work for the committee to meet to review the bylaw changes.
5. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational
Smith reported updates provided by Russell Wood and Patti Treibel-Leeds highlighted the recent Governing Board meetings. Deambra concurred.
6. Election of Provider Representative for Two Year Term for CICS Governing Board Effective 7/1/21 - Action
Smith indicated she would consider appointment to renew the provider representative appointment to the CICS Governing Board however would like clarification regarding if she is able to converse with Supervisors Talsma and Dawley who are also on the Governing Board and Board members in the counties that Capstone Behavioral Healthcare serves. If this is not allowable this is problematic as they are her county liaisons, and she does not want to violate open meeting laws. Webb agreed to seek clarification regarding this and will follow up with Smith. Vance motioned to appoint Smith as the provider representative contingent on there not being a conflict of interest. Fischer seconded; motion approved.

7. Discussion and Consideration of Revised CICS Management Plan Policies and Procedures – Karla Webb – Action

Webb reviewed changes to the CICS Management Plan Policies and Procedures and explained the approval process for amendments. Eaton inquired about quality assurance measures, Webb noted Patti Treibel Leeds is working on collecting data and information for specific services, this will be implemented soon. Russell Wood and Patti Treibel Leeds also participate in a Data Analytics statewide committee. Webb explained revisions to the management plan require review by the advisory committees prior to going to the Governing Board, the revisions no longer require approval by advisory committees as has been required in the past so a vote to recommend approval of the amendments is not needed. No other comments or questions were noted by committee members.

8. CEO Update – Russell Wood, Informational

Wood provided an update regarding SF587 that would remove county property tax funding for mental health services and identifies funding to come from the State only, there would be a transition for FY22 and then funding only from the State would occur in FY23. The legislation moves all funds to a regional fiscal account and removes the ability to have a local county fund to pay staff and pay operating expenses. The legislation also limits regions to a 5% ending fund balance. SF587 has passed out of the Senate and is in the Ways and Means in the House. Other components of this legislation removes the backfill for commercial property taxes which will impact cities, schools and counties and cause these entities to find other revenue sources.

Wood discussed four counties will be joining CICS 7/1/21, these counties are Cerro Gordo, Hancock, Webster, and Wright. Wood reviewed are intending to hire seven staff to work within these counties, six are existing CICS employees so this should help with staff consistency for clients as well as client transitions to CICS funding.

Wood explained he has met with staff from the Department of Human Services, and it is identified that CICS is meeting complex needs and children’s behavioral service requirements with the exception of intensive residential services. A provider is looking to implement intensive residential services in Waterloo, residents of CICS may be able to be served by this provider and if this occurs then DHS would consider this as functionally met. CICS has explored partnering with agencies in Fort Dodge for intensive mental health services however the agencies at this time do not have capacity to expand.

9. CARES Act COVID-19 Funding – Patti Treibel-Leeds, Informational

Treibel Leeds shared a report summarizing dollars accessed for CARES Act funding and how the dollars were spent by providers, schools and CICS offices. The first round of CARES Act funding had a deadline of 12/30/20; the State did extend the funding period until 6/30/21. CICS retained some funds to finish up current projects and sent remainder of \$1.75 million to Polk Co. Smith expressed she would have liked another opportunity to apply for funds for Capstone Behavioral Healthcare. Dawley noted if funds are received again, she hopes the Governing Board will have an opportunity to discuss further spending of the funds. Treibel Leeds discussed the quick turn around time needed to spend the funds in the first phase and one round of funding did not have a dollar limit to the amount agencies/schools could apply for. Eaton inquired if more funds will be received and at this time it is unknown.



10. Agency Update/Information Sharing:

Kelly Kratz with 43 North Iowa shared they have implemented Individual Placement and Supports in Cerro Gordo County and are working to open a crisis stabilization residential center in Mason City. Julie Smith with Capstone Behavioral Healthcare shared they have hired a therapist and are hoping to be able to do intakes more quickly. They are having challenges more so recently with individuals who are incarcerated, they have a jail diversion program that is very busy. Jody Eaton noted she participated in a meeting where the Chief of Police has indicated they are seeing an uptick in crime and challenges with COVID-19. Are seeing an increased wait time for people to receive an evaluation through ITP in the ER. Are seeing the need for complex services and looking forward to intensive residential services becoming available. Brittany Palmer shared they are hiring for a clinical manager and BHIS manager. Have a lunch and learn coming up on 4/28/21 for Narcan training with Zion. Nikki Fischer with BooST shared there is a lot going on getting ready for FY22 and contracts. Usually in Boone they partner with the library to hand out bike helmets, this will be occurring on June 5th. Jennifer Ellis shared Friendship Ark is full in all their homes and are looking at a new way to do community inclusion activities, are trying this with their core members in April and are hoping to be able to open this up to other individuals they serve. A lot of providers are short staffed are looking at providing both technology and in-person supports, technology would be at night and in-person support during the day, this could be an option for people who would not need 24 hour support. Ellis noted she had a meeting yesterday with City of Ames, if have adults or children interested in Miracle League this is starting in May. Mary Nelson with Friendship Club shared a lot of people are starting to get their vaccination, not sure how this will change and affect safety measures for drop-in center. Patti Treibel Leeds shared there is a virtual May Mental Health Awareness event on May 20th, 12pm-4:30pm, keynote speaker is Lyndsey Fennelly, speaker from ISU Extension discussing suicide and agriculture, Be Approachable by Tiffany Larson and coming through the pandemic and what to do with our mental health. There is availability to be a sponsor, can have a vendor page, no cost for this or to attend, reach out to Patti if you are interested in a vendor page. The event will be able to accommodate 500 people via zoom, social work CEUs will be available.

11. Next Meeting Date: Webb will work to schedule a meeting in May to review bylaws, future meeting also scheduled for 7/13/21 @ 1:30pm.

12. Adjournment – meeting adjourned at approximately 2:55pm.





CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Thursday, June 3, 2021 @ 2:00 pm

Agenda

SPECIAL NOTE TO THE PUBLIC: Due to recommendations to social distance in order to help slow the spread of the COVID-19 virus, access to the meeting will be provided via Zoom.

Join Zoom Meeting

<https://us02web.zoom.us/j/89956710801?pwd=NTFEY2tSUHN3cTZTZUQ2aU9nMGhLQT09>

Meeting ID: 899 5671 0801

Passcode: 388032

One tap mobile

+13017158592,,89956710801#,,,,*388032# US (Washington DC)

+13126266799,,89956710801#,,,,*388032# US (Chicago)

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

Meeting ID: 899 5671 0801

Passcode: 388032

Find your local number: <https://us02web.zoom.us/j/89956710801?pwd=NTFEY2tSUHN3cTZTZUQ2aU9nMGhLQT09>

1. Welcome and Introductions: Roll Call of Committee Members

- | | | |
|---|---|--|
| <input type="checkbox"/> BJ Hoffman | <input type="checkbox"/> JD Deambra | <input type="checkbox"/> Jennifer Ellis |
| <input type="checkbox"/> Diana Dawley | <input type="checkbox"/> Tamara Morris | <input type="checkbox"/> Sharon Swope |
| <input type="checkbox"/> Kathy Hanzek | <input type="checkbox"/> Julie Smith | <input type="checkbox"/> Jody Eaton |
| <input type="checkbox"/> Nikki Fischer | <input type="checkbox"/> Mary Nelson | <input type="checkbox"/> Kirsten Klepfer |
| <input type="checkbox"/> Brandon Greenfield | <input type="checkbox"/> Jeff Vance | <input type="checkbox"/> Brittany Palmer |
| <input type="checkbox"/> Anthony Wubben | <input type="checkbox"/> Leatha Slauson | <input type="checkbox"/> Kelly Kratz |

2. Adoption of the Agenda – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

3. Discussion and Consideration of Revised Bylaws Central Iowa Community Services Regional
Advisory Committee – Karla Webb – Action

Motions: _____

Second: _____

Vote on Motions: _____

11. Next Meeting Date: July 13, 2021 @ 1:30PM

12. Adjournment





CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting
Thursday, June 3, 2021 @ 2:00 pm
Minutes

SPECIAL NOTE TO THE PUBLIC: Due to recommendations to social distance in order to help slow the spread of the COVID-19 virus, access to the meeting was provided via Zoom.

1. Welcome and Introductions: Roll Call of Committee Members

Chair Ellis called the meeting to order, those present: Diana Dawley, Kathy Hanzek, Julie Smith, Mary Nelson, Jeff Vance, Leatha Slauson, Jennifer Ellis, Sharon Swope, Jody Eaton, Brittany Palmer, Kelly Kratz. Also present: Karla Webb, Deb Williams

2. Adoption of the Agenda – Action

Motion by Hanzek to approve the agenda, second by Smith, all ayes, motion passed.

3. Discussion and Consideration of Revised Bylaws Central Iowa Community Services Regional Advisory Committee – Karla Webb – Action

Webb highlighted the bylaw changes, adding Adult to Advisory Committee throughout the bylaws, adding four counties joining CICS 7/1/21, quorum to be appointed members in attendance, removed vote of 2/3 for approval of bylaw amendments, amendments to be approved by the committee and then presented to the Governing Board. Motion by Vance to approve the bylaws as revised, second by Kratz, all ayes, motion passed.

4. Next Meeting Date: July 13, 2021 @ 1:30PM

5. Adjournment



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting
Tuesday July 13, 2021 @ 1:30 pm
Agenda

SPECIAL NOTE TO THE PUBLIC: Due to the COVID-19 virus, access to the meeting will be provided via conference call.

Call in number: 1-312-626-6799

Meeting ID: 899 1325 3942

Passcode: 140350

Or via zoom at: <https://us02web.zoom.us/j/89913253942?pwd=TFAYUDNVRkdsS1d5NE90cUITbGpLUT09>

1. Welcome and Introductions: Roll Call of Committee Members

- | | | |
|---|---|--|
| <input type="checkbox"/> BJ Hoffman | <input type="checkbox"/> JD Deambra | <input type="checkbox"/> Jennifer Ellis |
| <input type="checkbox"/> Diana Dawley | <input type="checkbox"/> Deb Williams | <input type="checkbox"/> Sharon Swope |
| <input type="checkbox"/> Kathy Hanzek | <input type="checkbox"/> Julie Smith | <input type="checkbox"/> Jody Eaton |
| <input type="checkbox"/> Nikki Fischer | <input type="checkbox"/> Mary Nelson | <input type="checkbox"/> Kirsten Klepfer |
| <input type="checkbox"/> Brandon Greenfield | <input type="checkbox"/> Jeff Vance | <input type="checkbox"/> Brittany Palmer |
| <input type="checkbox"/> Anthony Wubben | <input type="checkbox"/> Leatha Slauson | <input type="checkbox"/> Kelly Kratz |

2. Adoption of the Agenda – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

3. Approval of 4/13/21 and 6/3/21 Meeting Minutes – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

5. Discussion and Review of Senate File 619 – Betsy Stursma, Informational

6. Agency Update/Information Sharing

7. Next Meeting Date and Location In-person or Conference Call/Zoom - Action

October 12, 2021 @ 1:30 p.m.

Motion: _____

Second: _____

Vote on Motion: _____

8. Adjournment





CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Minutes

Tuesday July 13, 2021 @ 1:30 pm

SPECIAL NOTE TO THE PUBLIC: Due to the COVID-19 virus, access to the meeting was provided via conference call.

1. Welcome and Introductions: Roll Call of Committee Members

Chair Ellis called the meeting to order, those present: BJ Hoffman, JD Deambra, Jennifer Ellis, Sharon Swope, Julie Smith, Nikki Fischer, Mary Nelson, Jeff Vance, Kelly Kratz, Kathy Hanzek. Others in Attendance: Karla Webb, Betsy Stursma, Patti Treibel Leeds

2. Adoption of the Agenda – Action

Deambra motioned to approve the agenda, Fischer seconded, motion passed.

3. Approval of 4/13/21 and 6/3/21 Meeting Minutes – Action

Fischer motioned to approve 4/13/21 and 6/3/21 meeting minutes, Hoffman seconded, motion passed.

4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

Deambra shared work has been taking place with bringing the four new counties into the region. Smith noted contract renewals have been taking place and Russell has spent a lot of time discussing the levy and finances.

5. Discussion and Review of Senate File 619 – Betsy Stursma, Informational

Stursma explained SF619 moves funding from county property tax dollars to state funding over the next two years. The State will be funding \$15.86/capita for FY22 and any county levying over \$21.19 had to come down to \$21.19 for July 1, 2021. Since CICS had already approved levying less than \$21.19, no adjustment was required for FY22. CICS will be receiving \$6.9 million in additional revenue from the State in FY22. In FY23 no property taxes will be levied for mental health and disability services and the state will provide \$38/capita, or \$16.6 million total paid on a quarterly basis to CICS. FY24 CICS will receive \$17.5 million (\$40/capita), FY25 will be \$18.4 million (\$42/capita) and FY26 and ongoing will be on the \$40 per capita plus a growth factor.

Fund balance carryover for regions has changed also, FY22 40%, FY23 20%, FY24 5% which equals out about to 2 weeks of expenditure. July 1 should have been our first quarterly payment from the state, we did not receive it, it should come the end of July or beginning of August is what has been indicated.

The state will be requiring performance based contracts with DHS and each region, these will be effective 1/1/22. We have not seen the contract yet, are hoping to see it within the next couple of months. Six items will be in the contract for sure:

Authority for DHS to approve/deny each region's ASBP and revise it. Require regions to fund all core services, intensive residential service homes is the only service CICS does not have available yet – no region in Iowa has this service available yet. Specify utilization of other funds prior to state funds, regions are to be the funder of last resort, CICS has always required this. A review of the region's administrative costs, clarification has not been provided on this yet. Authority for DHS to establish outcome improvement goals for populations served by regions, this could be improving supported employment outcomes, increased utilization of mobile crisis response services. We will need to partner with providers to gather outcome information in order to report information to the State. If we need to track outcomes for individuals who receive Medicaid funded services, we will need access to this information. Authority for DHS to address violations of the contract.

If we do not spend up to our funding cap, then dollars not spent will be put into an incentive fund for other regions to access. DHS is required to publish quarterly reports regarding the performance of regions. DHS is to study the current regional structure and state of mental health services with a report due to the Legislature in December 2022.

Regions are taking a proactive approach to identifying outcomes that would like to see and are hoping the state will come along side of regions on the outcomes regions have identified. We will need to work with providers to help us in collecting the outcome data.

6. Agency Update/Information Sharing

Mary Nelson shared have started back to full attendance at the Friendship Club, have had 20-22 people a day, people are excited to be back, staff is adjusting to being busier, have a few activities coming up, are trying to get back to normal and realize with the Covid variant things could change. Jeff Vance with CIRSI, shared things are going great, except for staff shortages, they are doing sign on bonuses, referral bonuses, is concerned and not optimistic things will turn around soon. Current staff have been good about covering open hours, but they cannot do this long term, they have normally 150 FT employees and have 20 openings right now. Julie Smith with Capstone Behavioral Healthcare indicated they are struggling with workforce also; they just hired their last open position. They did not have any luck with Indeed, their best luck has been with posting on Facebook. Are struggling with the MCOs paying in a timely fashion, one MCO requires prior auth for psychological evaluations and the process is cumbersome and difficult to get approved, have almost one FTE addressing the authorizations. Capstone BHC is very busy, are trying to get more people to come into the office, patients are leery of coming into the office and they do not understand their insurance may not pay if they are not seen in the office. Sharon Swope with Mid-Iowa Triumph Center shared they did try to start back up with regular hours, they started to have issues with behaviors, they are still requiring face coverings and people do not like wearing the face covering, have had people get Covid after being vaccinated. They are open 3 hours/day M-F instead of 5 hours/day, have 20 plus people per day coming to the drop-in center. Peer supports were getting burned out quickly, things seem to be calmer for the staff now that have the open hours, members are realizing they need to do their part, will take time to get back to where they were with the drop-in center. JD Deambra with NAMI CI shared they are



experiencing some staff shortage, are in the process of opening a satellite office in Hampton for the northern counties, JD will take this over, and is looking forward to getting this started, due to staff shortages he has been needed in the office in Ames. Kelly Kratz with 43 North Iowa shared they have staff shortages; she is seeing that a person can put in an application anywhere and the person can identify the schedule they want to work. They have enough applicants that want to apply for jobs but do not have job coaches to support them. Are working to open a crisis stabilization residential site in Mason City, are targeting opening in August. Have added Wright Co. for IPS services for employment as they have not had as many referrals in Hardin Co. Nikki Fischer with BooSt Together for Children is finishing up year end and new contracts starting. Jennifer Ellis with Friendship Ark Homes and Community Services noted they are facing workforce shortages also, they are piloting Nite Owl technology for nighttime hours and staff during the day for SCL services, they are waiting for DHS approval, hoping to open in August.

7. Next Meeting Date and Location In-person or Conference Call/Zoom - Action

Motion by Vance to continue Adult Advisory Committee meetings via zoom, Smith seconded, motion passed. Next meeting is October 12, 2021 @ 1:30 p.m.

8. Adjournment





CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Tuesday October 12, 2021 @ 1:30 pm Agenda

In-person Location at:
Story County Human Services Center, 126 S. Kellogg Ave., Conference Room West 2nd Floor, Ames, IA 50010

Join by Zoom Meeting at:
<https://us02web.zoom.us/j/85498618000?pwd=KytuQkpST01YMFRBMGNobkNXenFtZz09>

Meeting ID: 854 9861 8000

Passcode: 428371

Join by Phone at:
+1 312 626 6799 US
Meeting ID: 854 9861 8000

Passcode: 428371

1. Welcome and Introductions: Roll Call of Committee Members

- | | | |
|---|---|--|
| <input type="checkbox"/> BJ Hoffman | <input type="checkbox"/> JD Deambra | <input type="checkbox"/> Jennifer Ellis |
| <input type="checkbox"/> Diana Dawley | <input type="checkbox"/> Deb Williams | <input type="checkbox"/> Sharon Swope |
| <input type="checkbox"/> Kathy Hanzek | <input type="checkbox"/> Julie Smith | <input type="checkbox"/> Jody Eaton |
| <input type="checkbox"/> Mary Nelson | <input type="checkbox"/> Leatha Slauson | <input type="checkbox"/> Kelly Kratz |
| <input type="checkbox"/> Brandon Greenfield | <input type="checkbox"/> Jeff Vance | <input type="checkbox"/> Brittany Palmer |
| <input type="checkbox"/> Anthony Wubben | | |

2. Adoption of the Agenda – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

3. Approval of 7/13/21 Meeting Minutes – Action

Motion to Approve: _____

Second: _____

Vote on Motion: _____

4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

5. Recognition of Advisory Committee Terms Ending 12/31/21: JD Deambra, Jennifer Ellis, Deb Williams, Sharon Swope, Brittany Palmer, Jeff Vance, Mary Nelson
6. Performance Based Contracting – Russell Wood, Informational
7. Evidenced Based Practices (EBPs) – Russell Wood, Informational
8. FY2021 Service Coordination Report – Linn Adams, Informational
9. Agency Update/Information Sharing
10. Next Meeting Date: January 11, 2022 @ 1:30 p.m. In-person and Zoom Option
11. Adjournment





CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Minutes

Tuesday October 12, 2021 @ 1:30 pm

In-person meeting location was Story County Human Services Center, 126 S. Kellogg Ave., Conference Room West 2nd Floor, Ames, IA 50010, access also provided via Zoom.

1. Welcome and Introductions: Roll Call of Committee Members

Chair Ellis called the meeting to order, those present: Jennifer Ellis, Kathy Hanzek, Mary Nelson, JD Deambra, Deb Williams, Julie Smith, Jody Eaton, Kelly Kratz, Brittany Palmer. Guest: Aimee Lenth. Staff: Karla Webb, Russell Wood.

2. Adoption of the Agenda – Action

Hanzek motioned to approve the agenda, Deambra seconded, motion passed.

3. Approval of 7/13/21 Meeting Minutes – Action

Eaton motioned to approve the 7/13/21 meeting minutes, Kratz seconded, motion passed.

4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

Smith noted CICS will be assisting with funding for the YSS Youth Recovery Campus. Governing Board has been discussing Single Employer of Record to move county employees to one employing entity and are looking at the employing entity to be a current county within the CICS region. Smith noted finances are looking really good. Wood provided additional information in regard to Employer of Record, currently employees are employed by individual counties and CICS does not supervise most of the employees. CICS will be entering into performance based contracts and if all employees were under a Single Employer of Record this would allow CICS to have oversight of staff. This will also standardize pay and benefits for staff. Intent would be to have this in place by 1/1/22 and no later than 7/1/22 should the Governing Board decide to go forward. CICS has a current request for proposal out to member counties to see if any counties are interested in being the Employer of Record. The CICS 28E Agreement will need amended and this is on the Governing Board agenda for October.

5. Recognition of Advisory Committee Terms Ending 12/31/21: JD Deambra, Jennifer Ellis, Deb Williams, Sharon Swope, Brittany Palmer, Jeff Vance, Mary Nelson

Webb thanked members for their service and asked if anyone is interested in renewing their term to reach out to her or their local CICS staff member.

6. Performance Based Contracting – Russell Wood, Informational

Wood reported legislation passed this last legislative session removes county property tax funding and will move funding to 100% State funding. Performance based contracting with regions will be effective 1/1/22. Regional CEOs have been working with DHS on the performance based contract, the contract has been shared with the CICS Regional Attorney and the CICS Governing Board, the final version will be available soon and will need to be in place before 1/1/22. CEOs have been working on data analytics so we can move into data driven decisions. Wood noted CICS does not have Intensive Residential Services Homes (IRSH) available, this is not available in any region at this time, this would be the only service CICS does not have available. Kratz noted 43 North Iowa is looking at developing IRSH and have identified they would need 14 staff to operate this program. Kratz discussed the staffing shortages they are experiencing within their agencies, and this makes it difficult to start new services. Smith noted they are having staffing issues also, as did Palmer. Kratz noted they have individuals interested in seeking employment, however they do not have sufficient supported employment staff to serve them, another challenge is the individuals obtaining employment sometimes are paid higher than the supported employment staff assisting them.

7. Evidenced Based Practices (EBPs) – Russell Wood, Informational

Wood reported there are nine evidence based practices included in the performance based contracts that regions are required to ensure are implemented. These include Assertive Community Treatment, Strength-Based Case Management, Integrated Treatment of Co-occurring Substance Abuse & Mental Health Disorders, Supportive Employment, Family Psychoeducation, Illness Recovery & Management, Permanent Supported Housing, Positive Behavioral Supports, and Peer Self-Help Drop-In Centers.

8. FY2021 Service Coordination Report – Linn Adams, Informational

Webb reviewed highlights of the FY2021 Service Coordination Report. Reviewed applications received for FY21, individuals served in institutional settings, funding for individuals who are waiting for Medicaid Insurance, and exception to policy information.

9. Agency Update/Information Sharing

Kratz shared 43 North Iowa is looking to expand to offer crisis stabilization residential services, they are waiting for final approval of the service and hiring of staff. They are interested in intensive residential services, would need 14 staff for this service. Their Individual Placement and Supports (IPS) service is going strong, supported community living services (SCL) are going well and they now have three clients in Franklin Co. They are needing employees and are now offering insurance on the first day of employment, this has helped some with hiring.

Nelson shared people are continuing to come to the Friendship Club drop in center and they have resumed doing community outings.

Williams shared Mid-Iowa Triumph Recovery Center is still giving calls to people who haven't come to the drop in center lately, they are open 3 hours/day and want to expand hours if they can secure additional funding for a peer support position.

Smith shared Capstone Behavioral Healthcare is struggling to hire SCL staff, they just hired an ARNP that will start 11/1/21, they have hired a temporary licensed therapist that needs



supervision, they have three students that can see patients and are thinking may need more office space.

Deambra shared NAMI CI is having trouble hiring staff also, the drop in center is going on community outings and using the van they have.

Palmer shared Crossroads Behavioral Health Services is experiencing staffing shortages as well, they hired a PMHNP last May, Palmer is the interim director, they have hired a new clinical director and human resource staff.

Eaton shared she is glad the work is continuing, and she is glad to be apart of the advisory committee.

Ellis shared Friendship Ark opened a home in August using Night Owl Support Systems at night and staff are available during the daytime. This is considered a 24 hour site and they are able to bill a daily rate based on the member's tier level.

10. Next Meeting Date: January 11, 2022 @ 1:30 p.m. In-person and Zoom Option

11. Adjournment



Bylaws Central Iowa Community Services Adult Regional Advisory Committee

Effective Date: 7/1/21

I NAME

The name of this organization shall be Central Iowa Community Services Adult Regional Advisory Committee (hereinafter “Adult Regional Advisory Committee”)

II PURPOSE

The Adult Regional Advisory Committee, pursuant to IC 331.390(2)e; 331.392.(2)i; IAC 441-25.14.(1)i Regional governance structure will look at how services are delivered, the quality of services and help identify and prioritize service needs.

The Adult Advisory Committee may also address any mental health related issues the Adult Regional Advisory Committee feels to be appropriate.

The Adult Regional Advisory Committee shall act in an advisory role and all authority for policy making shall remain with Central Iowa Community Services Regional Governing Board (hereinafter “Regional Governing Board”)

III MEMBERSHIP

The Adult Regional Advisory Committee shall consist of a maximum of 32 members.

Two members and two alternates shall come from each of the 15 counties in the Central Iowa Community Services Region. The counties are Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Webster, and Wright. From each county, one member and alternate will be a provider and one member and alternate will be an individual who utilizes mental health and disability services or is an actively involved relative of such an individual. Adult Regional Advisory Committee members shall be recommended by the local county and ratified by the Regional Governing Board.

Two members from the Governing Board will serve as ex-officio non voting members.

The Adult Regional Advisory Committee members shall serve two year terms. The appointments shall be divided into two classes. The first class (Boone, Franklin, Hamilton, Hardin and Jasper) shall serve until January 2015 and the second class (Madison, Marshall, Poweshiek, Story and Warren) shall serve until January 2016. Greene County terms begin 7/1/18. Cerro Gordo, Hancock, Webster, and Wright Counties terms begin 7/1/21 and shall serve until 12/31/22. Thereafter, all appointments shall be for two years.

Approved by Central Iowa Community Services Governing Board on June 24, 2021.

Members will be eligible for appointment for a total of 6 years. An individual can be reappointed again after at least one year off the committee.

IV OFFICERS

The officers of the Adult Regional Advisory Committee shall include a chair and vice-chair. Each shall be elected at the first advisory committee meeting of the calendar year. The chair shall preside at all meetings and appoint all sub-committees as determined necessary by the adult regional advisory committee. The vice-chair shall act in the chair's absence.

The permanent recording secretary shall be a community services director or designee from the region.

V MEETINGS

Meetings of the Adult Regional Advisory Committee shall be held each January and at least quarterly thereafter. One of the community services directors shall be responsible for sending written notice to all members at least one week in advance of meetings. Public notice of meetings will be provided by posting meeting date, time and agenda on Central Iowa Community Services website and/or local County websites.

Special meetings can be called at anytime at the request of two advisory committee members. The request for a special meeting shall be presented to the chair. The chair will then be responsible for scheduling the meeting.

A quorum will be a majority of appointed members in attendance. No action will be taken in the absence of a quorum.

Members may participate in any meeting by any means of communication that allows direct participation, including but not limited to telephone conference call and video conferencing. Members participating in this manner shall be considered present for purposes of quorum and voting.

VI ADOPTION

These by-laws shall be adopted by both the Adult Regional Advisory Committee and the Regional Governing Board. These by-laws become effective upon approval by the Regional Governing Board.

VII REVISIONS

These by-laws will be reviewed annually in January and may be revised by the Adult Regional Advisory Committee with approval from the Regional Governing Board. The revision shall first be approved by the Adult Regional Advisory Committee and then presented to the Regional Governing Board. The revision shall become effective upon approval by the Regional Governing Board.

Approved by Central Iowa Community Services Governing Board on June 24, 2021.

VIII TERMINATION

The Adult Regional Advisory Committee serves at the complete discretion of the Regional Governing Board. If state law changes and/or other circumstances arise, the Regional Governing Board may, upon board action, dissolve the Adult Regional Advisory Committee.