

**Central Iowa Community Services Regional Advisory Board Meeting  
Tuesday December 8, 2015 @ 1:30 PM  
Story County Human Services Center,  
Multipurpose Room, 126 S. Kellogg Ave., Ames, IA 50010**

- I. Welcome and Introductions
- II. Approval of 9/8/15 meeting minutes
- III. Highlights of Regional Governing Board - Al Fagerlund
- IV. Client Survey Report – Karla Webb
- V. CICS Region 24 Hour Crisis Phone Line Number - 844-258-8858
- VI. 2015 Annual Report – Karla Webb/Jody Eaton
- VII. Madison, Marshall, Poweshiek, Story, Warren Advisory Board members terms expiring January 2016
- VIII. Agency Update/Information Sharing
- IX. Adjourn

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1. **Welcome and Introductions-** Anne welcomed everyone and introductions were made. In attendance, Terry Johnson, Pam Herrema, Wendie Cooper, Chad Huddleston, Bill Vaughn, Linda Romero, Sherry Becker, Jim Paprocki, Mary Nelson, Tim Rogers, Betsy Stursma, Karla Webb, Patti Treibel-Leeds, Tim Bedford, Anne Vance, Al Fagerlund, Kathy Dinges.
2. **Approval of 6/9/15 meeting minutes:** Anne Vance called for the approval of the minutes. Terry Johnson moved, Bill Vaughn seconded. Ayes carried.
3. **Highlights of Regional Governing Board:** Al Fagerlund
  - Al gave a review of the board meeting. He discussed all the procedures being developed by the region. Good communication between the governing board and admin team.
  - Al referenced that once the county puts all the money in to the regional fund it becomes too much for one bank. The governing board approved using the IPAIT system to handle the funds. It is like a mutual fund for cities, counties etc. Has been approved through Iowa Code.
  - Al referenced that the Supported Employment contracts and there are reports coming out each month. There will be more numbers coming out later this month, to see where we are with putting people to work.
  - Marion and Mahaska Counties have been told they cannot remain a region. It has been appealed at this point. Betsy stated they will be going south so they will not be with us.
  - State of Iowa will be the auditing firm for the CICS region. All governance board members were trained on HIPAA at the last meeting.
4. **Client Survey Update:** Betsy shared the surveys have gone out. We sent out 302 and 47 have come back in the mail, not at address. Those surveyed are ones we paid bills on. Ultimately 225 surveys were delivered and 40 came back. There was good feedback. A common theme throughout was transportation for people. This is a continual issues that we need to work towards.
5. **Optimae Transitional Housing:** Karla gave an overview of the transition house. Starting September 1<sup>st</sup> Optimae has opened a home which is staffed for 16 hours a day. A client can live at the transition house up to 90 days. While they are there a service coordinator will be assigned to them to help them get services in place to maintain stability. The service is funded by the region at a daily rate. If the person has habilitation funding, Optimae can access habilitation rather than regional funding. The Region Rate is \$122/day.
6. **Medicaid Modernization update:** Betsy gave the update. Four companies have been awarded. They are in the contracting stage. It has been delayed as there are agencies who are appealing. Everything still is moving forward to the January 1 date. CEOs of the regions are working with the MCO's to collaborate with the transition. We are still gathering information. On the CM side we are getting information to help our consumers pick an MCO. Magellan is not one of them nor did they appeal. CM units will need to contract with MCOs for six months in order to be paid for services. Individuals will be assigned and then there will be an open enrollment for individuals to choose. Bill V. understanding is that the individual's budget will follow if an individual goes to

another MCO. Terry J. asked the question about outcomes and day hab, and do the MCO's care about community inclusions.

7. **Continuum of Care:** Karla handed out spreadsheet with Emergent, Urgent and Routine. She provided the information where the region is with implementation of services. The spreadsheet indicates the current status of implementation. Tim Bedford questioned where the recovery services were at on the spreadsheet and that it is important that these services are addressed.
8. **Crisis Center Tours:** Karla followed up that we did tour Eyerly Ball's crisis observation center and crisis stabilization center. Observation center is up to 23 hours. Stabilization Center is a nine bed facility. Individuals can be there up to 90 days, therapy on site with individual and group work. A CM is staffed to help individuals look at referrals they need to move from the unit. Today we are going to Mary Greeley's Transitional Living Program to tour for all interested board members. On Sept 23 there is a tour of the crisis stabilization center in Waterloo. Russell Wood is planning a tour at the Hope Wellness Center in Dallas County. The question was asked about peer support. Genesis has a site in Woodward that opened in August.
9. **Clubhouse International:** Jim Paprocki reported on information about how to put together a club house. He brought it to the board to talk about the lack of drop in centers in the region. Brought it for discussion on whether the region will pursue going forward. We do have Mid Iowa Triumph Center in Marshall County, Friendship Club in Hardin, FFE in Hamilton, Station Street Clubhouse in Poweshiek, Wellness Center in Ames, Capstone Behavioral Health Care in Jasper, Optimae Life Services has a drop in center in Ames. Wendie Cooper asked for a list of drop in centers and addresses. If the MCOs do not fund the drop in center it will fall on the region. Optimae furnishes a meal at their center. A person will need to be at the drop in center two days for two hours to receive Magellan funding. Wendie brought up it would be a good idea to have a network so they could communicate ideas. It would be a great idea to see what the data looks like when it comes to hospitalizations. Boone, Franklin, Madison and Warren are still in need of drop in centers. The need to look in to the Clubhouse International was mentioned and it is accredited.
10. **Agency Update/Information Sharing:**
  - Tim Rogers shared him and a friend represented Hardin County at the Empowerment Conference this year. He stated it was very good and was glad to be able to participate. They will be giving a presentation at the Friendship Club this Friday on what they learned.
  - Hardin County is having Joan Becker on Sept. 30th. Ames Wellness Center is having her on Sept. 15<sup>th</sup>.

**Meeting Adjourned at 2:47 pm.**