



CICS

Supporting Individuals. Strengthening Communities.

Justice Regional Advisory Committee

January 22, 2024

Join Zoom Meeting

<https://us06web.zoom.us/j/84649600360?pwd=IPYb6LXj5Ri6blyMip7h80lwsUAJ7.1>

Meeting ID: 846 4960 0360

Passcode: 795815

Tentative Agenda

1) Roll Call

- | | | | |
|--|---|--------------------------|--------------------------|
| <input type="checkbox"/> Dennis Quin | <input type="checkbox"/> Michael Newton | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Scott Hand | <input type="checkbox"/> Shawn LaRue | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Clarissa Little | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

2) Agenda

- January 24, 2024 Agenda **Action**
- Motion to approve: _____
- Second: _____
- Vote on motion: _____

3) Minutes

- October 30, 2023, Minutes **Action**
- Motion to approve: _____
- Second: _____
- Vote on motion: _____

4) Introduction of CICS JIS Staff **Informational**

5) Justice Involved Services Coordination (Jen Sheehan) **Informational**

6) Behavioral Health Realignment with HHS (Jen Sheehan) **Informational**

7) JIS Service Coordination, outreach and planning **Informational**

8) Next Meeting: April 24, 2024 **Informational**

9) Adjournment

- Motion to approve: _____
- Second: _____
- Vote on motion: _____





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Justice Regional Advisory Committee Meeting Minutes October 30, 2023

Board Members Present: Michael Newton, Shawn Larue, Dennis Quinn. **Leadership Team Present:** Jen Sheehan

Motion to approve the October 30, 2023 agenda. Motion by Larue, second by Newton. All ayes, motion carried.

Motion to approve minutes from July 27, 2023 meeting motioned by Larue, second by Newton. All ayes, motion carried.

Motion to approve CICS Advisory Committee Bylaws, motioned by Newton, second by Larue to appointment. All ayes, motion carried.

Justice Involved Services Coordination (Jen Sheehan): Jen Sheehan gave an update on the hiring of vacant positions for JIS positions within CICS. CICS has had two open positions since May and June. We have begun the hiring process for those positions again. The positions have been posted and we hope to have qualified applicants to fill both the Marshall/Hardin/Franklin opening and the Story County opening.

Service Planning and Development Updates (Jen Sheehan): The IRSH site with 43 North Iowa in Mason City is set to open end of November. It has been delayed due to construction delays but is very close to opening. This is a No Eject No Reject service. CICS also hopes to build more of these sites in other areas of the region. Adult crisis stabilization is slated to open in Mason City in April 2024. This will be a four-bed unit and will be operated by 43 North Iowa as well. For the last year CICS has been working with other stakeholders in Story County to develop a mental health court for Story County. Jen gave an overview of how mental health courts operate (like the same models as other treatment courts such as Drug Treatment Court and Family Treatment Court). The anticipated start date for the Story County Court is January 2024.

Next Meeting and Future Meeting Dates: Next Meeting January 24, 2024. Will attempt to meet the fourth Wednesday on every 3rd month.

Meeting Adjourned

STATE OF IOWA DEPARTMENT OF

Health ^{AND} Human

SERVICES

Behavioral Health System Alignment

2024

Why System Alignment

- In the current system:
 - lowans do not know how to access services
 - Health outcomes for lowans are not satisfactory
 - There's a large amount of duplicative administration system-wide
- Through alignment HHS plans to:
 - Ensure lowans have consistent access to health and human services
 - Use funding more effectively to achieve outcomes
 - Consolidate and streamline contracting and administration



Assessment

- HHS worked with Health Management Associates (HMA) to conduct an assessment.
- HMA's recommendation report includes:
 - An overview of the service delivery areas
 - Proposed funding models for the local HHS systems
 - Identification of Iowa Code and Iowa Administrative Rules impacted by the recommendations.

7 Town Halls

PARTICIPANTS: 764

IN-PERSON: 4
(232 people)

VIRTUAL: 3
(532 people)

HMA asked

"What's working?"

"What issues should be addressed?"

35 Stakeholder Interviews

PARTICIPANTS: 167

- ▶ HHS staff
- ▶ HHS contractors
- ▶ Iowa State Association of Counties (ISAC)
- ▶ Managed Care Organizations (MCOs).

3,152 Stakeholder Surveys

PARTNERS: 860

CONSUMERS: 2,292

Challenges

Insufficient funding, lack of workforce, training needed in best practices.

Strengths

Committed local providers, good communication between services and support.

7 Director Roundtables

PARTICIPANTS: 160

- ▶ Local Service Providers
- ▶ County System Administrators
- ▶ Legislators

Case for Behavioral Health System Alignment

Significant Need

- Nationally, 38.3% of adults aged 18 or older with any mental illness reported unmet need for mental health treatment due to not knowing where to go for services (2021).
- Nationally, 17.9% of individuals 12 or older reported unmet need for substance use treatment due to not knowing where to go for services (2021).
- 13.5% of Iowans reported experiencing frequent mental distress in 2022.

Incentive Fund

- Currently, the incentive fund includes \$23,955,429 in unspent dollars by the Mental Health and Disability Services (MHDS) regions.
- Areas in need of support include statewide efforts such as 988, Your Life Iowa, and the development of Certified Community Behavioral Health Clinics (CCBHCs).

Ongoing Litigation

- Both the Children's Mental Health lawsuit and the DOJ consent decree target areas of inconsistent support by MHDS regions: crisis services for children and services for individuals with disabilities.

System-wide Redundancies Exist

- Certified Community Behavioral Health Clinics (CCBHCs) will transform the provider network in Iowa. Review of existing structures in the behavioral health safety net and continued system alignment will be critical.

Goals for Behavioral Health System Alignment

A well coordinated system with clear access points for Iowans.

Iowans will have access to the same set of behavioral health services across the state no matter where they live.

Reduce system redundancies by linking Federal, State and local governance.

Eliminate administrative red tape and duplicative efforts.

Current State → Future State

Funding a variety of things not linked to outcomes.



Provider funding tied to measurable outcomes.

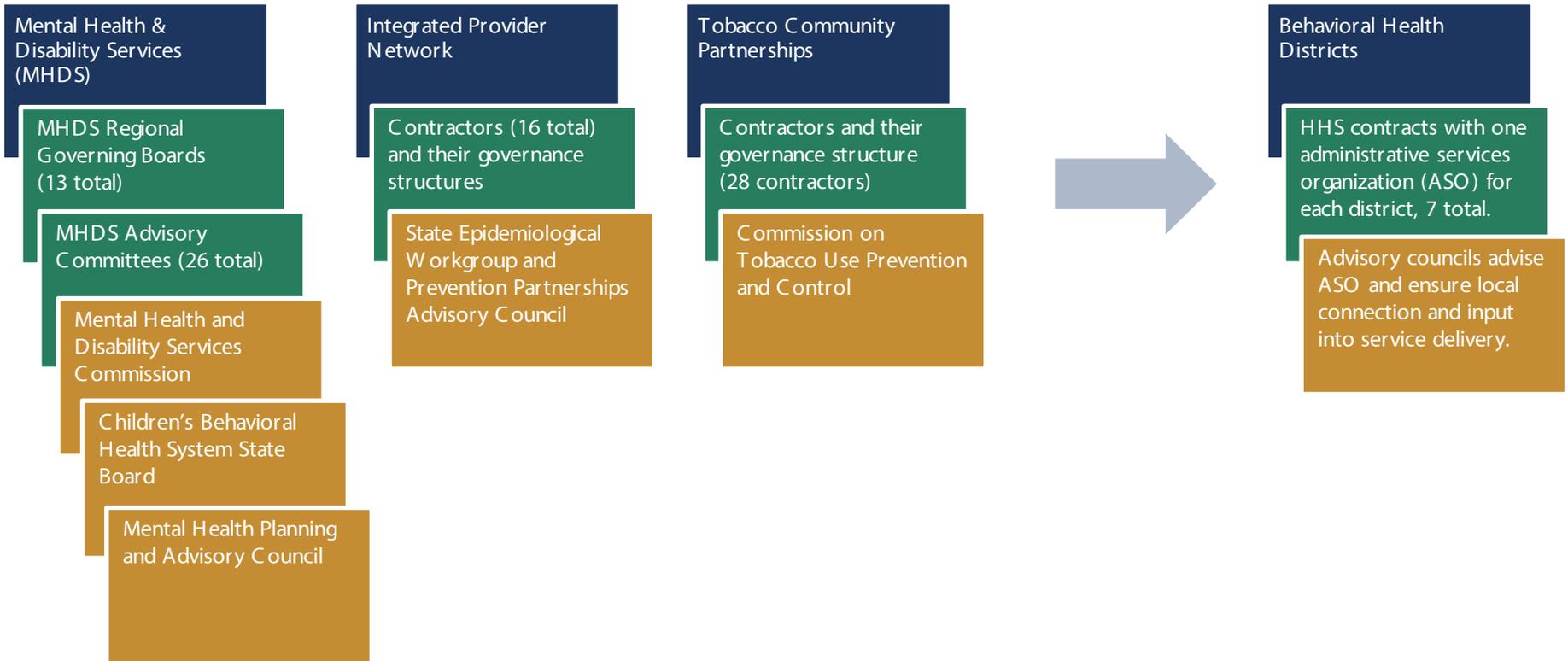
Next Steps



Introduce Legislation for a new Behavioral Health Services System:

- Establish new code chapter for Iowa's Behavioral Health Service System
- Integrate disability services language with Aging to concentrate focus on home and community based long term services and supports
- Establish structure, function, governance and authority for new district Administrative Service Organizations (ASO).

Current State → Future State



Behavioral Health Districts

