

# Crisis Stabilization Community-Based Services



Crisis Stabilization Community-Based Services (CSCBS) are short-term (5-day) services designed to stabilize an individual experiencing a mental health crisis in the community by providing daily psychiatric services where the individual lives, works, attends school or socializes.

Individuals eligible for CSCBS will work with a team of professionals to establish a stabilization plan, coordinate services and identify supports to achieve stability in the community.

## Services provided through Crisis Stabilization Community-Based Services include but are not limited to:

- Counseling
- Peer Support
- Referrals
- Medication management
- Linkage to ongoing services
- Case management

CSCBS is a voluntary program available 365 days a year, and free of charge to anyone residing within the CICS mental health region including, *Hamilton, Hardin, Franklin, Boone, Story, Greene, Marshall, Jasper, Poweshiek, Madison, and Warren counties.*

***Crisis Stabilization Community-Based Services can be accessed through Mobile Crisis Response by calling the Your Life Iowa crisis line at 1-855-581-8111***