



RECOVERY MONTH PROCLAMATION

WHEREAS, behavioral health is an essential part of health and one’s overall wellness; and

WHEREAS, prevention of mental and/or substance use disorders works, treatment is effective, and recovery is vital to the well-being of the individual and the community; and

WHEREAS, proactively acknowledging and treating mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, given the serious nature of this public health problem, we must strive to offer all persons the same opportunities for treatment and wellness; and

WHEREAS, approximately 100,000 Iowans currently receive treatment for mental illness or substance abuse addiction; and

WHEREAS, the COVID-19 epidemic poses new challenges to the citizenry of our great nation and illicit substance use has shown worrisome gains, and

WHEREAS, recent changes made in the state of Iowa and our nation make the personal possession of the opioid overdose reversal drug Narcan available and should be responsibly promoted, and

WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and the Story County Board of Supervisors invite all residents of Story County to participate in **National Recovery Month** and by virtue of the authority vested in us by the laws of Story County, do hereby proclaim the month of September 2020 as **NATIONAL RECOVERY MONTH** in Story County, and call upon the people of Story County to observe this month with appropriate programs, activities, and ceremonies to support this year’s **Recovery Month**.

In Witness Whereof, I have hereunto set my hand this 18th day of August, in the year two thousand twenty.

Linda Murken

Lisa Heddens

Lauris Olson

ATTEST: Lucy Martin, Auditor